Are you ready?

When Disaster strikes, it pays to be prepared. Having a Disaster Kit prepared will save you time and could save your life. A disaster kit should be in your designated shelter and it would also be helpful to have a smaller version in a small backpack or other containers that are easily carried if you need to evacuate your home. Disaster kits should be reviewed annually to be kept up-to-date with your family’s needs. Items in your kit should include, but are not limited to:

**Staple Items**
- 3 day supply of Water (1 gallon per person per day)
- 3 day supply of nonperishable, ready to eat food items and manual can opener
  - High Energy Foods, e.g. Peanut Butter
  - Juices, dried Milk
  - Sugar, Salt, Pepper
- First Aid Kit (see list for individual items)
- Flashlight and extra batteries, or ones that generate their own energy by shaking them
- Battery operated or Hand Crank Radio
  - NOAA All-Hazard Weather Radio
- Clothing—Think about the climate; warm and/or cool season clothes
- Shoes
- Sanitation and Hygiene items (such as hand sanitizer, moist towelettes and toilet paper)
- Matches in waterproof container
- Whistle
- Blankets
- Other tools (e.g. hammer, pliers)
- Cash and coins
- Photocopies of important documents, personal ID’s and credit cards
- Baby needs
- Special Needs
  - Prescription medications, eye glasses, Contact lens solution, etc.
- Games to pass the time (e.g. cards)
- Pet Food and extra water

**First Aid Kit**
- Sterile adhesive bandages in assorted sizes
- 2-inch and 4-inch sterile gauze pads
- Hypoallergenic adhesive tape
- Triangular bandages
- Scissors & Tweezers
- 2-inch and 3-inch sterile roll bandages
- Waterless alcohol-based hand sanitizer
- Antiseptic Wipes
- Petroleum Jelly or other lubricant
- Latex Gloves
- Anti-bacterial Ointment
- Aspirin or non-aspirin pain reliever
- Antacid (for upset stomach)
- Cold pack

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Winter Disaster Kit
Winterizing your Disaster Kit

If you live in a cold climate, you must think about warmth. It is possible that you will not have heat during or after a disaster. Think about your clothing and bedding needs. Be sure to include one set of the following for each person to add to your Disaster Kit.

- Jacket or Coat
- Long pants and long sleeve shirt
- Sturdy Shoes
- Hat, Mittens, and Scarf
- Sleeping Bag or Warm Blanket
- Extra Blankets
- Lantern or Flashlight

A Disaster Kit for your Vehicle

You may be in your vehicle when disaster strikes, or possibly stuck in your vehicle in a summer/winter environment. Below are a few items that you should keep in your car as part of your Vehicle Disaster Kit.

- Flashlight and extra batteries
- Maps
- Small First Aid Kit
- White Distress Flag
- Tire Repair kit
- Booster/Jumper cables
- Air pump
- Flares
- Bottled water
- Non-perishable foods such as granola bars

Winter supplies
- Blanket or Sleeping Bag
- Hat and Mittens
- Shovel
- Sand Bags
- Tire Chains
- Windshield Scraper
- Florescent Distress Flag

Summer Supplies
- Sunscreen
- Shade Item (umbrella or wide brimmed hat)
- Bug spray